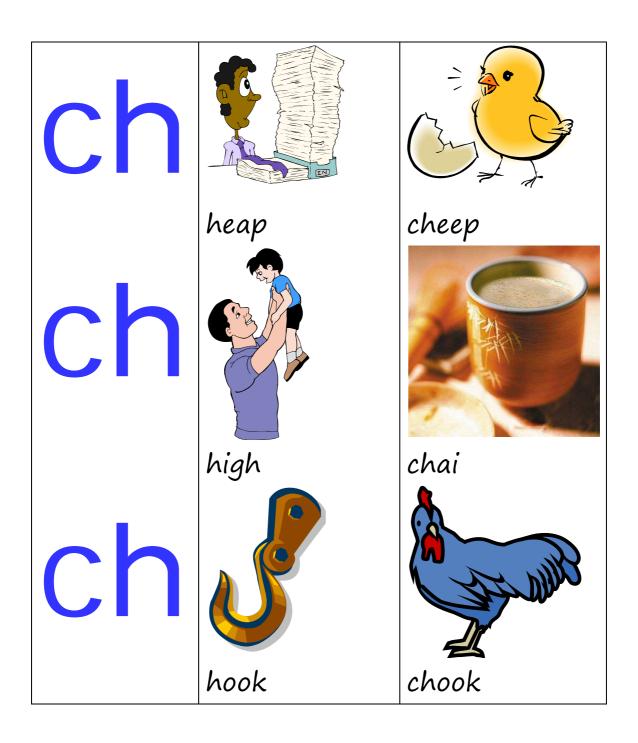
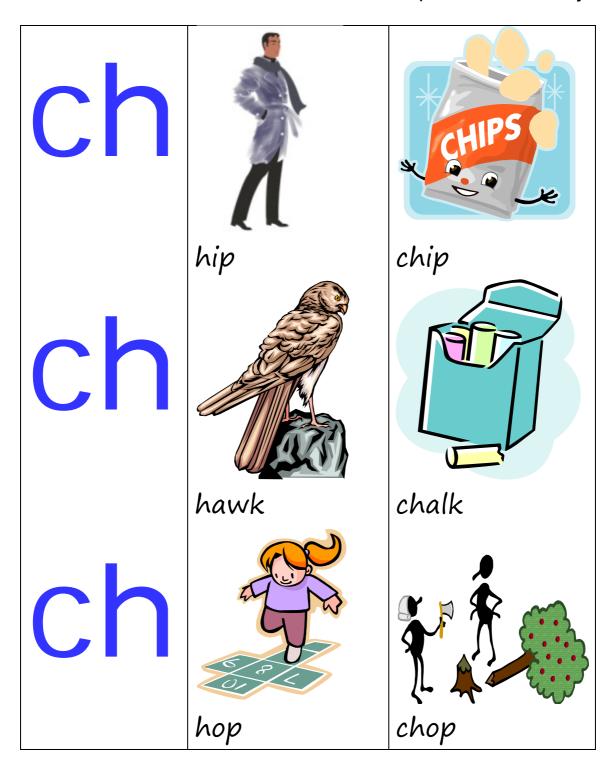
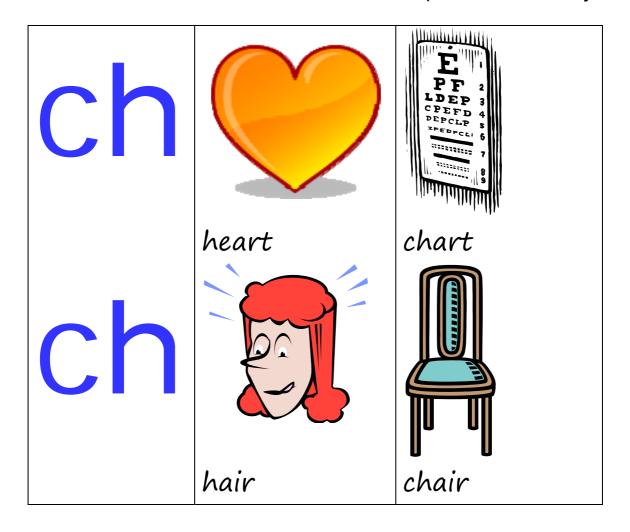
The aspiration trick for /tʃ/



The aspiration trick for /tʃ/



The aspiration trick for /tʃ/



Practise 'ch...heap', 'chhheap', etc., gradually reducing the aspiration and eventually turning 'ch...heap' into 'cheep'.