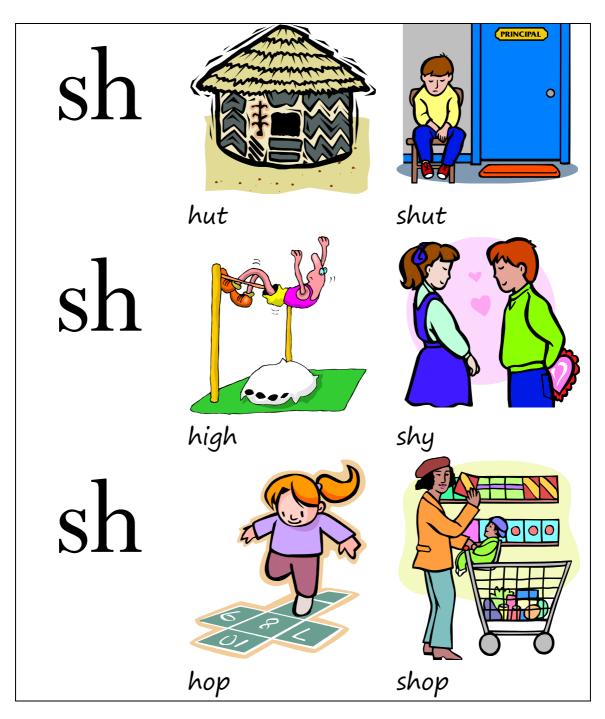




The aspiration trick for /ʃ/

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The aspiration trick for /ʃ/



The aspiration trick for /ʃ/

Practise 'sh...heap', 'shhheap', etc., gradually reducing the aspiration and eventually turning 'sh...heap' into 'sheep'.